

2019 SAFE LIST: Drugs that are considered to be **SAFE** for use in the acute porphyrias

This safe list was produced jointly by the UK Porphyria Medicines Information Service (UKPMIS) and Cardiff Porphyria Service and is supported by the National Acute Porphyria Service (NAPS). We gratefully acknowledge the clinical impact of the evidence-based drug safety assessments provided on the comprehensive Drug Database for Acute Porphyria (<http://www.drugs-porphyria.org>) on the range of available medicines for porphyria patients.

This list is based on the best information available to us at the time of compilation and provides guidance on drugs to use first line. It is not intended to be comprehensive. Inclusion of a drug does not guarantee that it will be safe in all circumstances. For information on medication not listed and advice on the use of antiretrovirals, antineoplastics or other complex treatment scenarios please contact UKPMIS by telephone (029 2074 3877), or see our website <https://www.wmic.wales.nhs.uk/specialist-services/drugs-in-porphyria/>. Unfortunately we are unable to accept enquiries via e-mail.

Healthcare professionals requiring clinical advice on management of acute porphyria attacks should contact NAPS on 029 2074 7747 – available 24 hours a day, 7 days a week.

All topical preparations (including topical antifungals, lice treatments & eye drops) are considered safe, when applied to intact skin or mucosa.

Abatacept	Beclometasone	Codeine phosphate	Epinephrine
Abciximab	Belatacept	Co-fluampicil ¹	Eplerenone
Acamprosate	Belimumab	Colchicine	Epoetin
Acebutolol	Bendroflumethiazide	Colecalciferol	Eprosartan
Acetazolamide	Benzylpenicillin	Colesevelam	Ergocalciferol
Acetylcysteine	Betamethasone	Colestipol	Ertapenem
Aciclovir	Betaxolol	Colestyramine	Escitalopram
Acidinium bromide	Bevacizumab	Contrast media – gadolinium-based	Esmolol
Adalimumab	Bezafibrate	Contrast media – Gastrografin®	Esomeprazole
Adenosine	Bisacodyl	Contrast media – iodine-based	Etanercept
Adrenaline	Bisoprolol	Cyclizine	Ethambutol
Aflibercept	Budesonide	Cyclopenthiiazide	Etoricoxib
Alemtuzumab	Bumetanide	Cycloserine	Exenatide
Alendronic acid	Bupivacaine	Dabigatran	Ezetimibe
Alfacalcidol	Buprenorphine	Dalteparin	Famciclovir
Alfentanil	Calcitriol	Danaparoid	Felodipine
Alginates (e.g. Gaviscon®, Peptac®)	Calcium salts	Dapagliflozin	Fenofibrate
Allopurinol	Canagliflozin	Darbepoetin	Fentanyl
Almotriptan	Canakinumab	Deflazacort	Fexofenadine
Alogliptin	Candesartan	Denosumab	Filgrastim
Alpha tocopheryl	Captopril	Desferrioxamine	Flucloxacillin ¹
Alteplase	Carbimazole	Desflurane	Flucytosine
Aluminium salts	Carboprost	Desloratadine	Fludrocortisone
Amantadine	Carvedilol	Dexamethasone	Flumazenil
Amikacin	Caspofungin	Dextromethorphan	Fluoxetine
Amiloride	Cefaclor	Diamorphine	Fluphenazine
Aminophylline	Cefadroxil	Diazepam	Fluticasone
Amisulpride	Cefalexin	Dicycloverine	Fluvastatin
Amitriptyline	Cefixime	Digoxin	Fluvoxamine
Amlodipine	Cefotaxime	Dihydrocodeine	Fondaparinux
Amoxicillin	Ceftaroline	Dinoprostone	Formoterol
Amphotericin	Ceftazidime	Diphenhydramine	Fosfomycin
Ampicillin	Ceftriaxone	Diphtheria/tetanus/ pertussis/polio vaccine	Fosinopril
Anakinra	Cefuroxime	Diphtheria/tetanus/ pertussis/polio/Hib/ hepatitis B vaccine	Furosemide
Apixaban	Celecoxib	Dipyridamole	Fusidic acid
Arachis oil enema	Certolizumab	Dombutamine	Gabapentin
Articaïne	Cetirizine	Domperidone	Galantamine
Ascorbic acid	Cetuximab	Dopamine	Ganciclovir
Aspirin	Chloroquine	Doxazosin	G-CSF
Atenolol	Chlorphenamine	Doxycycline	Gemprost
Atomoxetine	Ciclesonide	Dulaglutide	Gemfibrozil
Atorvastatin	Ciclosporin	Duloxetine	Gentamicin
Atovaquone	Cimetidine	Ecilizumab	Glipizide
Atracurium	Ciprofloxacin	Eletriptan	Glucagon
Atropine	Cisatracurium	Empagliflozin	Glucosamine
Azathioprine	Citalopram	Enalapril	Glycerol suppositories
Azithromycin	Clobazam	Enoxaparin	Glyceryl trinitrate
Aztreonam	Clonazepam	Entacapone	Glycopyrronium
Baclofen	Clonidine		Golimumab
Balsalazide	Clopidogrel		Granisetron
Barium sulphate	Clozapine		Haloperidol
Basiliximab	Co-amoxiclav		Heparin, unfractionated
BCG vaccine	Co-beneldopa		Hepatitis A vaccine
	Co-careldopa		Hepatitis B vaccine

Hib/Meningococcal group C vaccine	Memantine	Paracetamol	Sodium fusidate
Human papillomavirus (HPV) vaccine	Menadiol	Paraldehyde	Sodium picosulfate
Hydrocortisone	Meningococcal group B vaccine	Paroxetine	Solifenacin
Hyoscine butylbromide	Meningococcal groups A, C, W, Y vaccine	Pegfilgrastim	Sotalol
Hyoscine hydrobromide	Mepivacaine	Penicillamine	Sterculia
Ibandronic acid	Meropenem	Perindopril arginine	Streptokinase
Ibuprofen	Mesalazine	Perindopril erbumine	Strontium
Imipenem	Metformin	Pethidine	Sumatriptan
Immunoglobulins	Methadone	Phenoxyethylpenicillin	Suxamethonium
Indometacin	Methotrexate	Phenylephrine	Tacrolimus
Infliximab	Methylcellulose	Phosphate enema	Tadalafil
Influenza vaccine (inactivated)	Methylnaltrexone bromide	Phosphate salts	Tamsulosin
Influenza vaccine (live attenuated) ²	Methylphenidate	Phytomenadione	Teicoplanin
Insulins	Methylprednisolone	Pindolol	Telmisartan
Ipratropium bromide	Metoclopramide	Pioglitazone	Temazepam
Irbesartan	Metoprolol	Piperacillin with tazobactam	Tenecteplase
Iron salts	Metronidazole	Pneumococcal conjugate vaccine	Terazosin
Isoflurane	Midazolam ⁴	Pneumococcal polysaccharide vaccine	Terbutaline
Isosorbide dinitrate	Mirabegron	Pramipexole	Tetanus/diphtheria/polio vaccine
Isosorbide mononitrate	Mirtazapine	Prasugrel	Tetracosactide
Ispaghula husk	Misoprostol	Pravastatin	Theophylline
Ketoprofen	Mivacurium	Prednisolone	Thiamine
Labetalol	Mizolastine	Pregabalin	Ticagrelor
Lacosamide	Mometasone	Prilocaine	Tildrakizumab
Lactulose	Morphine	Primaquine	Timolol
Lamotrigine	Moxifloxacin	Prochlorperazine	Tinzaparin
Lansoprazole	Moxonidine	Proguanil	Tiotropium
Leflunomide	Multivitamins	Promethazine	Tirofiban
Lenograstim	Mycophenolate mofetil	Propofol ⁴	Tobramycin
Lercanidipine	Mycophenolic acid	Propranolol	Tocilizumab
Levetiracetam	Nadolol	Propylthiouracil	Tolterodine
Levobunolol	Naftidrofuryl	Pseudoephedrine	Tolvaptan
Levofloxacin	Naloxone	Pyrazinamide	Tramadol
Levomepromazine	Naproxen	Pyridostigmine	Trandolapril
Levothyroxine	Natriptan	Pyridoxine	Tranexamic acid
Lidocaine ³	Natalizumab	Quinapril	Trastuzumab
Linagliptin	Nateglinide	Quinine	Trazodone
Linezolid	Nebivolol	Rabeprazole	Triamcinolone
Liothyronine	Neostigmine	Ramipril	Trifluoperazine
Lipegfilgrastim	Nicotinamide	Ranitidine	Umeclidinium
Liquid paraffin enema	Nicotine replacement therapy	Remifentanyl	Urokinase
Liraglutide	Nifedipine	Repaglinide	Ursodeoxycholic acid
Lisinopril	Nimodipine	Riboflavine	Ustekinumab
Lithium carbonate	Nitrous oxide	Risedronate	Valaciclovir
Lithium citrate	Noradrenaline	Rituximab	Valganciclovir
Lixisenatide	Norepinephrine	Rivaroxaban	Valsartan
Loperamide	Norfloxacin	Rivastigmine	Vancomycin
Loratadine	Nortriptyline	Rizatriptan	Vedolizumab
Lorazepam	Nystatin	Rocuronium	Venlafaxine
Losartan	Octreotide	Rosuvastatin	Vigabatrin
Lymecycline	Ofatumumab	Salbutamol	Vildagliptin
Macrogols	Ofloxacin	Salmeterol	Vitamin A
Magnesium citrate with sodium picosulfate	Olanzapine	Saxagliptin	Vitamin B
Magnesium salts	Omeprazole	Senna	Vitamin C
Measles/mumps/rubella vaccine ²	Ondansetron	Sertraline	Vitamin D
Mebendazole	Orlistat	Sevelamer	Vitamin E
Mebeverine	Oseltamivir	Shingles vaccine ²	Vitamin K
Mefloquine	Oxycodone	Sildenafil	Warfarin
Melatonin	Oxytocin	Simvastatin	Zanamivir
Meloxicam	Palivizumab	Sitagliptin	Zinc preparations
	Pamidronate disodium	Situximab	Zoledronic acid
	Pancuronium	Sodium bicarbonate	Zolmitriptan
	Panitumumab	Sodium citrate enema	Zonisamide
	Pantoprazole	Sodium clodronate	Zopiclone

1. Conflicting safety advice for flucloxacillin. Consider an alternative in high risk patients. Contact UKPMIS for further advice.

2. An acute attack has been reported following yellow fever vaccine, so caution should be observed when using any live vaccine in adults.

3. Intravenous doses should be used with caution.

4. Clinical safety has not been assessed for continuous use of these preparations.